

Facial Regimen and Directions for Use

A classic BR regimen consists of a cleansing milk, P50, mask, quintessential serum, cream and finishing serum. BR also has developed exceptional products that compliment and enhance the result of the overall regimen.

Regimen: Directions for Use

1. Cleansing

Place a small amount of cleansing milk on fingers and apply to dry skin using light circular movements. Rinse off cleanser with room temperature water or remove cleanser with a damp cotton.

2. Balancing and Exfoliating

Apply several drops of P50 to a cotton pad and gently press over face, neck and décolleté. For sensitive skin, use damp cotton. For very sensitive skin, use wet cotton. This product helps bring impurities to the surface and may cause temporary redness, tingling or purging.

Note: Your reaction will depend on the starting condition of your skin. After continued use, twice a day, skin will become re-balanced and less reactive. If there is no initial reaction, your skin is already balanced.

3. Purifying and Stabilizing (optional)

Apply mask to face with gentle upward motions. Allow mask to act for 15 minutes, then rinse off with room temperature water.

4. Enriching

Place quintessential serum on fingers and gently spread over the face with a light massage.

5. Fortifying

Place a small amount of cream on fingers and apply to face using light circular movements.

6. Protecting

Place finishing serum on fingers and gently spread over the face with a light massage.

Each skin care regimen represents a commitment to the skin and should be performed morning and night. Always complete steps 1 & 2. Remaining steps may be omitted depending on skin needs.